



Autumn Newsletter 2025

Welcome

Welcome to the Autumn Newsletter for LCD Lifestyle Group. We have completed our NDIS recertification audit, and we are very excited to update you with what's been happening as well as what's ahead!

Our Mission

To provide innovative and highly flexible, quality supports that enhance lifestyle and provide participants with opportunity for accessible community events and activities.

Our Goals

At LCD Lifestyle Group, our goal is to provide compassionate, reliable and punctual support services for our participants. We strive to improve quality of life whilst helping our participants maintain independence in the comfort of their own homes.

Our Leadership Team

Chief Executive Officer – Lorraine Judd

Director of Business Operations – Don Thorn

General Manager – Sarah Wilks

Care Coordinator – Erin Jones

Lead Support Worker – Krista Mason

Autumn Safety Message

Please be aware of the high risk of flu/colds and other virus' in the Autumn months. Stay away from others if you have cold-like symptoms and be aware of maintaining hand hygiene and airway health when around people with symptoms.

When the weather cools, we seek heat from different sources. This can increase the risk of a fire. As we enter the cooler seasons the need to use heating sources increases. To assist our community, LCD Lifestyle Group would again like to share the following program aimed at reducing fire risk.

NSW Fire and Rescue Home Safety Visits

Eligibility: Open to all

Cost: Free of Charge

To organize a Home Fire Safety Visit, you can call your local Fire and Rescue Brigade or complete the online form:

<https://fire.nsw.gov.au/page.php?id=9316>

Participant Focus - Geoffrey

Geoffrey has recently returned to LCD Lifestyle Group, so a big welcome back Geoffrey to the LCD Lifestyle Group fold.

Geoffrey is a NDIS Participant that has engaged with LCD Lifestyle Group for many years. He has support in accessing social and community events. Geoffrey looks forward to doing volunteer work to gain employment, music therapy and spending time with peers alongside his support workers.

Geoffrey feels like LCD Lifestyle Group is home to him, and together with his support team is quickly regaining his confidence after losing it for a short while. He had felt lost as if he had fallen through the cracks elsewhere and now feels he is well supported to achieve his goals.



What's New

We are pleased to announce that as of May 1st, 2025, we will be running Group Activities for our participants. We look forward to events like going to the football, going on picnics, tenpin bowling, craft days, and various other fun activities around our local area.



Upcoming Events

Enhancing Wheelchair Skills

Cost: Free

Date: Tuesday 15/04/2025

Time: 10.00am-2.00pm

Disney on Ice

Cost: TBC

Date: 03/07/2025-06/07/2025

Time: morning, afternoon and evening sessions

Christmas in July Gathering

Cost: Free of charge for our participants and families

Date: 26/07/2025

Time: 11.00am-14.00pm

Booking is essential to attend any event so please call the office on (02) 4981 8619.



Enhance Your Skills

Do you want to become an expert maneuvering in your wheelchair?

Learn to:

- Reverse your wheelchair
- Go around corners
- Repositioning & reclining in your chair
- Going up and over gutters
- Going through doorways
- Navigating tight spaces like hallways and corridors, and maneuvering over uneven ground
- Safe loading and unloading from vehicles

Participants will have the opportunity to learn from experienced wheelchair users and go through training drills to perfect their new skills as well as socialising and making new friends.

Everyone attending all the training sessions on the day will receive a certificate of attendance and will be automatically entered into the active users' events following on from the training.

This event is proudly sponsored by LCD Lifestyle Group and Motoring Mobility



Date: Tuesday 15th April 2025

Time: 10:00am-2:00pm

Location: Morisset PCYC
5 Kahibah Street, Morisset

Cost: Free

Food available to purchase at the event



Lifestyle Group